

## TERMS OF USE BOULDER

### 1. General

- The user regulations govern the use of the boulder. The user regulations contain guidelines on safety, accident prevention, hygiene and order. Violations of the regulations may result in expulsion by the ZSSw building services. All users agree to abide by the user regulations.

### 2. Safety

- Warm up well before starting: bouldering puts a lot of strain on ligaments and tendons.
- Jumping off or climbing down: a safe landing takes precedence over climbing height.
- Do not wear rings or jewellery.
- The landing area (mats) must be kept clear, except for spotting.
- Every user is aware of the risk of injury when falling from a great height.
- We recommend "spotting". The spotter uses their hands and arms to guide the boulderer onto their feet in the event of a fall. This minimises the risk of injury to the upper body (internal organs), back and head.
- All users are aware that handles and steps can twist under load and, in extreme cases, break.
- Climbing/bouldering under the influence of alcohol and/or other drugs, as well as under the influence of medication that impairs consciousness and reaction times, is strictly prohibited.
- Users of the facility are requested to report any persons who violate the rules to the ZSSw facility services staff.
- Modifying holds and steps is not permitted without the consent of staff. Loose structures and other defects in the bouldering facility must be reported to the operator immediately.

### 3. Facility

- This facility complies with the safety requirements of SN EN 12572-2 [15] (wall) and SN EN 12572-3 [16] (climbing holds) and was installed in December 2023. The walls are serviced quarterly.

### 4. Order and hygiene

- Bouldering is only permitted in clean climbing shoes or indoor trainers.
- Bringing and consuming food and drinks on the mats is strictly prohibited.
- The entire bouldering area must be kept clean.

*u<sup>b</sup>*

## 5. Liability

- Use of the boulder is entirely at your own risk. The operator accepts no liability.
- Bouldering involves risks of injury that cannot be completely eliminated by the operator, even if all rules are followed and users exercise extreme caution.
- Accident and liability insurance are the responsibility of the users.
- The operator has no general duty of supervision.
- These regulations are subject to Swiss law in every respect.

Berne, April 2024